

## Eight Steps to Deliverance

1. **Honesty & Acknowledgement** – ask God to help you see yourself as He sees you
  - “*Search me, O God, and know my heart; Try me, and know my anxieties; And see if there is **any wicked way in me**, And **lead me** in the way everlasting.*” (Psalm 139:23-24)
  - “*I **acknowledge** my sin to You, and my **iniquity** I have **not hidden**. I said, “I will **confess** my **transgressions** to the LORD,” and **You forgave the iniquity of my sin**.” (Psalm 32:5)*
2. **Humility & Confession**
  - “*God resists the **proud**, but **gives grace to the humble**.*” (James 4:6)
  - “***Confess your trespasses to one another, and pray for one another, that you may be healed**.*” (James 5:16)
3. **Repentance (Godly Sorrow)**
  - *Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were **made sorry in a godly manner**, that you might suffer loss from us in nothing. <sup>10</sup>For **godly sorrow produces repentance leading to salvation**, not to be regretted; but the sorrow of the world produces death.” (2Corinthians 7:9-10)*
4. **Renunciation** – verbally rejecting & forsaking evil
  - “*Therefore say to the house of Israel, ‘This is what the Sovereign LORD says: **Repent!** Turn from your idols and **renounce all your detestable practices!***” (Ezekiel 14:6 NIV)
5. **Forgiveness** – of others, of God, of self
  - “*For if you **forgive men their trespasses, your heavenly Father will also forgive you**. <sup>15</sup>But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.*” (Matthew 6:14-15)
  - **Forgiveness leads to deliverance and lack of forgiveness to oppression**, as shown in the parable in Matthew 18:23-35
6. **Prayer** – toward God
  - “*Whosoever shall **call on the name of the LORD shall be delivered**.*” (Joel 2:32, KJV)
  - “*Submit to God. Resist the devil and he will flee from you.*” (James 4:7)
7. **Warfare** – toward Satan
  - “*Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and **nothing shall by any means hurt you**.*” (Luke 10:19)
  - “*And these signs will follow **those who believe**: In My name they **will cast out demons**.*” (Mark 16:17)
  - “*I will give you the **keys of the kingdom of heaven**, and whatever you **bind on earth will be bound in heaven**, and whatever you **loose on earth will be loosed in heaven**.*” (Matthew 16:19)
8. **Praise** – to God for setting you free (Psalm 107:21-22)
  - *Then they **cried out to the LORD** in their trouble, and **He saved them** out of their distresses. He sent His word and **healed them**, and **delivered them** from their destructions.*
  - *Oh, that men would **give thanks to the LORD for His goodness**, And for **His wonderful works** to the children of men! Let them **sacrifice the sacrifices of thanksgiving**, and declare His works with **rejoicing**.*